



THE CONNECTION

Calvert County Office on Aging Newsletter

December 2020



From the Division Chief

With 2020 coming to a close, our entire staff would like to wish you a happy holiday season and a wonderful New Year! We certainly hope that you will have the opportunity to enjoy the season with friends and family. It is such a special time of the year!

Our incredible staff continues to serve the public in numerous areas that I have mentioned in previous newsletters. Please don't hesitate to call upon us if we can assist you in any way.

Here's to optimism for the coming year!

V/R,
Susan Justice
Division Chief

Coming Soon!

2021 Bus Passes

Good for all local routes!

FREE

**BUS
PASS**



Bus passes for the upcoming year will be mailed on Dec. 20. Seniors who had a pass in 2020 will automatically receive one for 2021. If your address has changed this year, please contact us at 410-535-4606.

Public Transportation and the Office on Aging work closely together to provide passes to seniors ages 60 and older who are financially eligible. Passes may be used for all local routes, including the connections to St. Mary's County. Those who are not eligible for a free pass will pay the reduced senior rate. For more information on these passes, contact the Office on Aging at 410-535-4606 or by email at: ooamailbox@calvertcountymd.gov.

AARP Tax Preparation Update

AARP

TAX PREP AIDE

Due to the current COVID-19 restrictions, we have not finalized tax preparation plans for the 2020 tax returns at this time. We are working to finalize these details in the coming weeks. Please look for more information regarding tax preparation in our January newsletter!

GET INVOLVED!

Virtual Senior Center

OPPORTUNITIES

Learn ♦ Exercise ♦ Explore



With our Virtual Senior Center, you can craft, cook and even exercise from the comfort and safety of your own home! Our staff has created wonderful videos for you. Visit the [Virtual Senior Center](#) and discover some of our most recent uploads:

- Sea Glass Craft with Anne
- Winter Hat Craft with Tammie
- Make a Table Runner with Tracey
- Snowman Clothes Pin Craft with Tammie
- Make an Easy Salt Scrub with Melinda
- Deck the Halls with Fresh Greenery with Melinda
- Make a Crockpot Mac & Cheese with Kristy
- Make a Vintage 1950s Pineapple Gelatin Dessert with Linda
- Seated Chair Exercise, Holiday Edition with Kristy
- Beginner Guitar Lesson with Brian



**Successful Halloween and
Thanksgiving Drive-Thru Events**



The Office on Aging staff appreciates all who attended our Halloween and Thanksgiving drive-thru events! It was wonderful to express our gratitude for you. A gift or goody bag was provided to all seniors who visited with us at our Senior Center parking lots. Thanks for coming! Information on our upcoming holiday event is below!



Keep an Eye on Upcoming Events!

Holiday Drive-Thru Event

Our Senior Centers will host a holiday drive-thru event on Thursday, Dec. 17, from 10 - 11:30 a.m. Each senior in attendance will receive a small gift! Seniors can stay in their cars as our staff will greet you (while wearing our masks) to keep all as safe as possible. We look forward to seeing you!



Attention Caregivers!

Beginning in January 2021, the Calvert County Office on Aging will resume the "Newsletter for Caregivers." If you would like this newsletter emailed or mailed to you, please contact Lisa Caudle, Long Term Care Manager at 410-535-4606 or send an email to: lisa.caudle@calvertcountymd.gov

Diabetes Self-Management Program

A Diabetes Self-Management program will be held virtually on Tuesdays, Jan. 12 through Feb. 23. Please call 410-535-5400, ext. 459 for more information.



Christmas Caroling Event

Members of the Office on Aging and the Calvert County Commission on Aging will sing Christmas carols outside Senior Center apartments on the following days and times:

- Monday, Dec. 14, 9:30 a.m. at the North Beach Town Center Apartments
- Monday, Dec. 14, 2:30 p.m. at the Southern Pines Apartments
- Tuesday, Dec. 15, 11:30 a.m. at the Calvert Pines Apartments

All social distancing precautions will be in place during these events. Unfortunately, if inclement weather occurs, we are unable to reschedule. We hope to see you then!

CONTACT INFORMATION

Office on Aging

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